



Tri-Cities Diabetes Coalition
“Punch Out Diabetes Now & Stay Healthy Forever”
November 5, 2011

| <i>TIME</i> | <i>EVENT</i> | <i>LANGUAGE</i> | <i>ROOM</i> |
|--|---|---------------------------------|-------------|
| 8:30 a.m.-9:00 a.m.—Only available until 50 people have been tested. | First 50 people can receive free Glucose and Hemoglobin A1C (available only for those without health insurance.) | | |
| 9:00 a.m.-9:45 a.m. • 9:45 a.m.-10:00 a.m. | Presentation on “Best Controlled Practices” by Irene Feria, MD Question and Answer Session | English | |
| 9:00 a.m.-10:00 a.m. | A1C Champion Program—Adult Taking Control Program | Spanish | |
| 10:30 a.m.-11:30 a.m. | A1C Champion Program—Adult Taking Control Program | English | |
| 10:30 a.m.-11:15 a.m. • 11:15 a.m.-11:30 a.m. | Presentation on “Best Controlled Practices” by Irene Feria, MD Question and Answer session | Spanish | |
| 11:00 a.m.-12:00 p.m. | Safe At School-What you need to know to ensure your diabetic child’s rights in school. Presented by American Diabetes Association Advocate Karen Ballew, and Kerri Feene y, JD. | English | |
| 12:00 p.m.-1:00 p.m. | A1C Champion Program (A mentoring program presented by diabetic persons that are successfully managing their diabetes) “One Pediatric Telling My Story” Type 1 <u>children only</u> 7-13 years old | English | |
| All Day | Presentations on portion sizes meal planning, and glycemic index myths/facts | English | |
| All Day | Foot Checks | English and Spanish | |
| All Day | Educational vendor display booths with information: <ul style="list-style-type: none"> • Edith Bis hel Center for the Blind and Visually Impaired • Sanofi • Philips Respironics • Berton Franklin Health Department • Kadlec Regional Medical Center • Central Washington Family Medicine • Tri-Cities Laboratory • Washington River Protection Solutions • Senior Life Resources • Byram Healthcare | English and Spanish information | |